

Discover More About Your Weight History With a TrueWeight® Report

In less than 10 minutes, you'll get a free, personalized report. Documenting weight history allows you and your healthcare provider to reflect on your personal needs.

Start my TrueWeight® Report now! 

How it works: Answer a few questions about your weight history and weight-loss goals. Your TrueWeight® Report will help you learn about



Key life events



Current weight-loss efforts



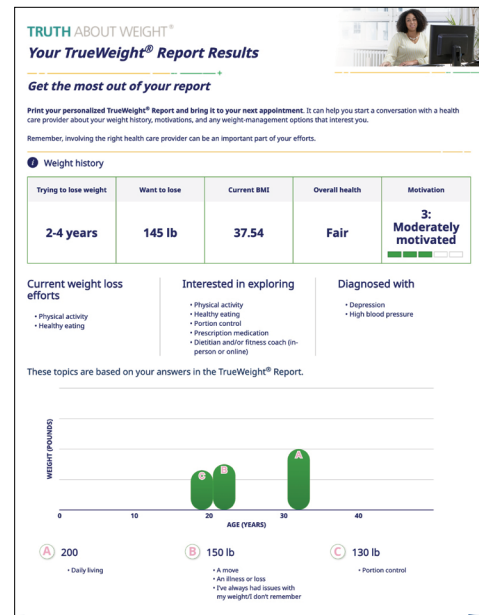
Weight-related health conditions



Tips for talking to a healthcare provider

You can choose to print, download, or email your TrueWeight® Report. Be sure to bring it to your next visit with your healthcare provider. Together, you can talk about weight management options and make an action plan to work toward your goals.

Your privacy is important! You are not required to provide any contact information to receive a TrueWeight® Report.



Take a true step forward in managing your weight and health.

Get your free, personalized report now at www.TruthAboutWeight.com.